



WEST SPRINGS HOSPITAL IMPLEMENTATION STRATEGY (ADDRESSING NEEDS IDENTIFIED IN THE 2018 to 2020 MESA COUNTY CHNA)

West Springs Hospital (WSH) is pleased to partner with fellow hospitals and other community partners in addressing the health concerns that are identified in the 2018 to 2020 Mesa County Community Health Needs Assessment (CHNA).

West Springs employs a number of strategies that target institutional inequities and risk behaviors, including suicidality, teen substance abuse, teen pregnancy, and adult tobacco use. WSH is addressing each of the above identified needs by offering the following services:

- The organization is addressing institutional inequities by increasing its psychiatric inpatient and residential substance use disorder treatment capacity, providing more ready access to care for individuals on the Western Slope.
- The organization is addressing the high suicide rate with a multi-path approach, by actively promoting and offering both crisis prevention and around-the-clock crisis services; collaborating with numerous partner agencies to increase awareness of suicide and possible symptoms, and maintaining an internal suicide task force to evaluate & evolve services intended to reduce the rate.
- The organization offers outpatient and residential substance use disorder treatment, including specialized services to women and teens that reduce the risk of teen pregnancy and substance abuse.
- The organization conducts tobacco screening and offers cessation counseling to patients at WSH, decreasing the likelihood of continued tobacco use after discharge.

West Springs does not directly address identified social inequities, adverse living conditions, lung disease, and heart disease, because these are beyond our scope of services. However, our behavioral health interventions and collaborations with other hospitals and other partners in Mesa County help to mitigate these areas of concern.