Resilience is the power to bounce back to happiness as we flow along the winding river of time and experience, and the past year has tested our resilience like none before. Play this daily game every month, alone or with your family, to replenish and build your personal power and happiness. Everyone who plays, wins!

**Score:** 1 point for each activity you do this month.

1-8: Challenge yourself to score higher next month.
9-16: Pat yourself on the back!
17-24: Tell someone how well you did!
25-31: Nice job! Try activities from a different age group next month!