



WEST SPRINGS *hospital*

Psychiatric Care & Recovery

WEST SPRINGS HOSPITAL IMPLEMENTATION STRATEGY

(COMMUNITY HEALTH IMPROVEMENT PLAN, ADDRESSING NEEDS IDENTIFIED IN THE 2021 to 2023
MESA COUNTY CHNA)

West Springs Hospital (WSH) is pleased to partner with fellow hospitals and other community partners in addressing the health concerns that are identified in the 2021 to 2023 Mesa County Community Health Needs Assessment (CHNA).

West Springs employs a number of strategies that target institutional inequities, emergency utilization for behavioral health disorders, access to behavioral health care, and patients' experience of healthcare. WSH is addressing each of the above identified needs by offering the following services:

- The organization is working to improve access to behavioral health care through Metricoverly™ clinics that provide rapid access to outpatient, team-based care.
- The organization is addressing the rate of emergency room usage by people experiencing mental health crises or substance use intoxication by increasing its psychiatric inpatient and residential substance use disorder treatment capacity, providing more ready access to care for individuals on the Western Slope.
- The organization is addressing the rate of emergency room usage by people experiencing mental health crises or substance use intoxication through quality initiatives to increase engagement in outpatient substance use disorder treatment through follow-up within 7 days of an emergency department visit.
- The organization partners with Mesa County law enforcement on a co-responder program that works to shift first contact with people in mental health crises from law enforcement officers to mental health clinicians.



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- The organization is working to improve mental health care experiences for patients through focused patient experience initiatives in response to patient feedback.

West Springs does not directly address deficits in social determinants of health during the inpatient stay. However, West Springs conducts a full social services assessment for admitted patients that identifies economic stability, neighborhood environment, social supports, and other social determinant of health, providing referrals at discharge to meet these needs.